

WAKE FOREST HEALTH NETWORK

Wake Forest Health Network Internal Medicine Jamestown

Dr. Gretchen Velazquez, Lori Beane, PA-C, Donna J. Drosinis, PA-C, Lauren O'Connor, PA-C, Amber Clapp. NP

604 W. Main Street Jamestown, NC 27282

Phone-336-454-1166 Fax-336-454-3695

Dawn Grier-Referral Coordinator

FAX Dr. Tom Murray & Associates

TO: Schedulers FROM: Dawn

FAX: _____ PAGES: 17

PHONE: 336-728-6066 DATE: 8-6-2020

RE: Jason Bernard Washington CC: 2-10-75

Urgent For Review Please Comment Please Reply

Comments:

Good morning,

If this information needs to be faxed to your office please let me know. I will need your fax #.

Thank you.

Dawn

OUTPATIENT REFERRAL REQUEST

Wake Forest Health Network Internal Medicine - Jamestown
604 W MAIN ST
JAMESTOWN NC 27282-9515
Phone: 336-454-1166
Fax: 336-454-3695

Date: Aug 5, 2020

Patient: Jason Bernard Washington
3206 BUCKINGHAM CT
JAMESTOWN NC 27282-9024
Phone: 336-430-9473

MRN: 3389674
DOB: 2/10/1975
Sex: M

Diagnosis: Sexual behavior disorder (F52.9)

Ambulatory Referral To Behavioral Medicine Cornerstone

Reason for Behavioral Medicine Referral: Therapy (sex therapy)

Current psychiatric diagnosis? yes

Current symptoms? yes

Has the referral been discussed with the patient? Yes

Who was the most recent mental health provider? PCP

Are services being transferred from another therapist? No

Reason for Referral: Specialty Services Required

Dr. Tom Murray and Associates

204 Muirs Chapel Rd

Greensboro, NC 27410

Phone: 336-728-6066

(Order ID: 568675758)

Signature: _____

Lauren Elizabeth O'Connor, PA-C

NPI: 1477028215

Electronically signed by: Lauren Elizabeth O'Connor, PA-C
8/5/2020 4:08 PM

Referral

Referral # 6497162

Referral Information

Referral # 6497162	Creation Date 08/05/2020	Referral Status Authorized	Status Update 08/05/2020: Status History
Status Reason Covered Benefit	Referral Type Consultation	Referral Reasons Specialty Services Required	Referral Class Outgoing
To Specialty Psychology	To Provider none	To Location/Place of Service none	To Department none
To Vendor none	Referred By none	By Location/Place of Service JAMESTOWN 604 W MAIN ST	By Department WM604 INTERNAL MEDICINE - HPNP
Priority Routine	Start Date 08/05/2020	Expiration Date 08/05/2021	Referral Entered By Karianne Hennington, LPN
Visits Requested 1	Visits Authorized 1	Visits Completed	Visits Scheduled

Procedure Information

Procedure	Modifiers	Provider	Requested	Approved
REF234 - Ambulatory Referral To Behavioral Medicine Cornerstone	None		1	1

Diagnosis Information

Diagnosis
F52.9 (ICD-10-CM) - 302.9 (ICD-9-CM) - Sexual behavior disorder

Referral Notes

Number of Notes: 1

Type	Date	User	Summary	Attachment
Provider	08/05/2020	Karianne	Provider Comments	-
Comments	4:08 PM	Hennington, LPN		

Note

Dr. Tom Murray and Associates
204 Muirs Chapel Rd
Greensboro, NC 27410
Phone: 336-728-6066

Referral Order

Order

Ambulatory Referral To Behavioral Medicine Cornerstone (Order # 568675758) on 08/05/2020

[View Encounter](#)



BlueCross
BlueShield



UnitedHealthcare

JASON WASHINGTON

WJG964223247

Member Service

1-800-832-3871

Blue Cross Blue Shield of Massachusetts

MASSACHUSETTS

Copays
OV 20
BH 20
ER 100





This card is for identification only. It is not proof of membership, nor does it guarantee coverage.

To the Provider, submit claims to the Blue Cross and/or Blue Shield Plan servicing your area. Be sure to include the three character prefix followed by the nine digit number.

Member Service: **1-800-832-3671**

Provider Service: **1-800-443-6657**

Pre-authorization: **1-800-327-6716**

Behavioral Health & Substance Use

Disorder: **1-800-524-4010**

Locate Provider: **1-800-810-2583**

24/7 Nurse Care Line: **1-888-247-2583**

Blue Cross and Blue Shield of Massachusetts, Inc., an Independent Licensee of the Blue Cross and Blue Shield Association, administers claims payment only and does not assume financial risk for claims.

Blue Cross of Massachusetts

Blue Shield of Massachusetts

Code	Description	Service Date	Service Provider	Modifiers	Qty
	Dx: Contact with and (suspected) exposure to potentially hazardous body fluids [Z77.21] (Active), Encounter for screening for infections with a predominantly sexual mode of transmission [Z11.3] (Active)				
50011671	HC STS SCREEN (BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Contact with and (suspected) exposure to potentially hazardous body fluids [Z77.21] (Active), Encounter for screening for infections with a predominantly sexual mode of transmission [Z11.3] (Active)				
50014523	HC HIV ANTIGEN/ANTIBODY COMBO	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Contact with and (suspected) exposure to potentially hazardous body fluids [Z77.21] (Active), Encounter for screening for human immunodeficiency virus (HIV) [Z11.4] (Active), Encounter for screening for infections with a predominantly sexual mode of transmission [Z11.3] (Active)				
50011659	HC PSA ASSAY, (BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Family history of malignant neoplasm of prostate [Z80.42] (Active)				
50011589	HC HEPATITIS C ANTIBODY (BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Contact with and (suspected) exposure to potentially hazardous body fluids [Z77.21] (Active), Encounter for screening for infections with a predominantly sexual mode of transmission [Z11.3] (Active)				
50011688	HC TESTOSTERONE ASSAY (BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Male erectile dysfunction, unspecified [N52.9] (Active)				
50011785	HC CBC/PLATELET (BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Hemorrhage of anus and rectum [K62.5] (Active)				
50011571	HC CHLAMYDIA AMPLIFICATION (BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Contact with and (suspected) exposure to potentially hazardous body fluids [Z77.21] (Active), Encounter for screening for infections with a predominantly sexual mode of transmission [Z11.3] (Active)				
50011996	HC GC AMPLIFICATION(BEAKER)	8/3/2020	Lauren Elizabeth O'Connor, PA-C	ORL	1
	Dx: Contact with and (suspected) exposure to potentially hazardous body fluids [Z77.21] (Active), Encounter for screening for infections with a predominantly sexual mode of transmission [Z11.3] (Active)				

Progress Notes

Lauren Elizabeth O'Connor, PA-C (Physician Assistant) • Internal Medicine

Subjective:**Patient ID:** Jason Bernard Washington is a 45 y.o. male

This is a 45-year-old male with a medical history significant for hypertension, erectile dysfunction, and hyperlipidemia who presents today for a screening. He reports he recently learned that a previous partner of his is HIV positive. He has not been with this partner in the past year. He denies fever, night sweats, unintentional weight loss, fatigue, dysuria, rashes, lesions, penile discharge.

rectal bleeding

Patient reports no further episodes of rectal bleeding since beginning fiber supplements. He has an upcoming appointment with GI.

ED

Managed by urology. Currently on tadalafil. He is well controlled. He is due for testosterone and PSA screening.

The following portions of the patient's history were reviewed and updated as appropriate:

Patient Active Problem List

Diagnosis

- Benign essential hypertension
- Disorder of bursae and tendons in shoulder region
- ED (erectile dysfunction) of organic origin
- Family history of prostate cancer in father
- Hyperlipidemia
- Other chest pain

Current Outpatient Medications on File Prior to Visit

Medication	Sig	Dispense	Refill
• flunisolide (NASALIDE) 25 mcg (0.025 %) Spry	2 sprays by Nasal route 2 times daily.	25 mL	5
• montelukast (SINGULAIR) 10 mg tablet	TAKE 1 TABLET(10 MG) BY MOUTH DAILY	30 tablet	2
• tadalafil (CIALIS) 5 MG tablet	Take 1 tablet (5 mg total) by mouth daily.	90 tablet	3
• UNABLE TO FIND	Include medication name in instructions field.		
• fluticasone propionate (FLONASE) 50 mcg/actuation nasal spray	2 sprays by Each Nare route daily for 30 days.	1 Inhaler	3
• levocetirizine (XYZAL) 5 MG tablet	Take 1 tablet (5 mg total) by mouth daily for 30 days.	30 tablet	5

No current facility-administered medications on file prior to visit.

- He has a past surgical history that includes Shoulder Surgery (Right).
- His family history includes Hypertension in his father.
- He reports that he has never smoked. He has never used smokeless tobacco. He reports current alcohol use. He reports that he does not use drugs.
- He has No Known Allergies..

Review of Systems - History obtained from the patient

General ROS: negative
 Psychological ROS: negative
 ENT ROS: negative
 Endocrine ROS: negative

Respiratory ROS: no cough, shortness of breath, or wheezing
 Cardiovascular ROS: no chest pain or dyspnea on exertion
 Gastrointestinal ROS: no abdominal pain, change in bowel habits, or black or bloody stools
 Genito-Urinary ROS: no dysuria, trouble voiding, or hematuria
 Musculoskeletal ROS: negative
 Neurological ROS: no TIA or stroke symptoms
 Dermatological ROS: negative

Lab Results

Component	Value	Date
WBC	8.9	05/20/2019
HGB	16.0	05/20/2019
HCT	46.1	05/20/2019
PLT	333	05/20/2019
ALT	37	05/20/2019
AST	29	05/20/2019
NA	139	05/20/2019
K	4.1	05/20/2019
CL	105	05/20/2019
CREATININE	1.54 (H)	05/20/2019
BUN	24	05/20/2019
CO2	26	05/20/2019

Objective:

Physical Exam

Vitals:

08/03/20 0855
 BP: 114/70
 Pulse: 80
 Temp: 97.7 °F (36.5 °C)
 SpO2: 97%
 Height: 1.88 m (6' 2")
 Weight: 110.1 kg (242 lb 12.8 oz)
 BMI 31.2
 (Calculated):

General appearance: alert, appears stated age and cooperative

Head: Normocephalic and atraumatic

Eyes: Conjunctiva clear, EOMs intact, no scleral icterus noted

Neck: no adenopathy, no carotid bruit, no JVD; neck is supple, symmetrical; trachea midline and thyroid not enlarged, symmetric, no tenderness/mass/nodules

Heart: regular rate and rhythm, S1, S2 normal, no murmur, click, rub or gallop

Lungs: clear to auscultation bilaterally; no wheezes, rhonchi, rales and in no acute distress. Breathing is unlabored.

Extremities: extremities normal, atraumatic, no cyanosis or edema

Pulses: 2+ and symmetric

Psych: Mood and affect appropriate

Skin: color, texture, and turgor normal; no rashes or lesions

Results for orders placed or performed in visit on 04/14/20

Wake Allergy Respiratory Profile

Result	Value	Ref Range
Dermatophagoides Pteronyssinus IgE (d1)	<0.10	<0.10 KU/L
Dermatophagoides Farinae IgE (d2)	0.28 (H)	<0.10 KU/L
Cat Dander IgE (e1)	<0.10	<0.10 KU/L
Dog Dander IgE (e5)	<0.10	<0.10 KU/L
Mouse Urine Proteins IgE (e72)	<0.10	<0.10 KU/L
Bermuda Grass IgE (g2)	0.48 (H)	<0.10 KU/L
Orchard Grass IgE (g3)	0.26 (H)	<0.10 KU/L
Timothy Grass IgE (g6)	0.19 (H)	<0.10 KU/L
Blue Grass IgE (g8)	0.36 (H)	<0.10 KU/L
Red Top IgE (g9)	0.38 (H)	<0.10 KU/L
Johnson Grass IgE (g10)	0.34 (H)	<0.10 KU/L
Bahia Grass IgE (g17)	0.31 (H)	<0.10 KU/L
Cockroach, German IgE (i6)	<0.10	<0.10 KU/L
Penicillium Notatum IgE (m1)	<0.10	<0.10 KU/L
C. Herbarum IgE (m2)	0.26 (H)	<0.10 KU/L
Aspergillus Fumigatus IgE (m3)	0.23 (H)	<0.10 KU/L
Alternaria Alternata/Tenuis IgE (m6)	2.02 (H)	<0.10 KU/L
Maple/Box Elder IgE (t1)	1.36 (H)	<0.10 KU/L
Birch IgE (t3)	1.29 (H)	<0.10 KU/L
Mountain Juniper IgE (t6)	10.40 (H)	<0.10 KU/L
Live/Virginia Oak IgE (t7)	1.18 (H)	<0.10 KU/L
Elm Tree IgE (t8)	<0.10	<0.10 KU/L
Walnut Tree IgE (t10)	<0.10	<0.10 KU/L
Maple Leaf Sycamore, London Plane IgE (t11)	<0.10	<0.10 KU/L
Cottonwood Tree IgE (t14)	<0.10	<0.10 KU/L
White Ash Tree IgE (t15)	0.31 (H)	<0.10 KU/L
Pecan Hickory Tree IgE (t22)	<0.10	<0.10 KU/L
Mulberry Tree IgE (t70)	<0.10	<0.10 KU/L
Common Ragweed IgE (w1)	<0.10	<0.10 KU/L
Mugwort IgE (w6)	<0.10	<0.10 KU/L
English Plantain IgE (w9)	<0.10	<0.10 KU/L
Lamb's Quarters IgE (w10)	<0.10	<0.10 KU/L
Russian Thistle IgE (w11)	<0.10	<0.10 KU/L
Cocklebur IgE (w13)	<0.10	<0.10 KU/L
Common Pigweed IgE (w14)	<0.10	<0.10 KU/L
Rough Marshelder IgE (w16)	<0.10	<0.10 KU/L
Kochia IgE (w17)	<0.10	<0.10 KU/L
Sheep Sorrel IgE (w18)	<0.10	<0.10 KU/L

Allergen EoE Food Profile

Result	Value	Ref Range
Peanut IgE (f13)	<0.10	<0.10 KU/L
Wheat IgE (f4)	<0.10	<0.10 KU/L
Rice IgE (f9)	<0.10	<0.10 KU/L
Maize, Corn IgE (f8)	<0.10	<0.10 KU/L
Turkey IgE (f284)	<0.10	<0.10 KU/L
Beef IgE (f27)	<0.10	<0.10 KU/L
Chicken IgE (f83)	<0.10	<0.10 KU/L
Pork IgE (f26)	<0.10	<0.10 KU/L
Milk, Cow's IgE (f2)	<0.10	<0.10 KU/L
Soybean IgE (f14)	<0.10	<0.10 KU/L

Egg White IgE (f1)	<0.10	<0.10 kU/L
Potato IgE (f35)	<0.10	<0.10 kU/L

Assessment:

see below

Plan:

1. ED (erectile dysfunction) of organic origin

Per urology
- Testosterone

2. Rectal bleeding

Assess for anemia
Continue fiber supplementation; improving
Keep GI appt
- CBC

3. Exposure to blood or body fluid

4. Screening for HIV (human immunodeficiency virus)

5. Routine screening for STI (sexually transmitted infection)

Will check below labs. Currently asymptomatic.
- Herpes Simplex Virus 1 and 2 IgG, Type-Specific Abs w/Rfx (SENDOUT)
- Hepatitis C Antibody
- RPR (Syphilis Serology)
- HIV Antigen Antibody Combo
- GC/Chlamydia Amp

6. Family history of prostate cancer in father

- PSA,Diagnostic Assay

Plan:

Patient expresses understanding of their current medications and use.
If a new prescription was given today, then I discussed potential side effects, drug interactions, instructions for taking the medication, and the consequences of not taking it.
Patient verbalized an understanding of these instructions.
Patient is able to verbalize understanding of the care plan discussed today.
Patient's medical and personal goals were discussed today.
Barriers to current goals: None
The following portions of the patient's history were reviewed and updated as appropriate: allergies, current medications, past family history, past medical history, past social history, past surgical history and problem list.
No follow-ups on file.
Call sooner if needed.

Future Appointments

Provider	Department	Dept Phone	Center
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	Provider	Department	Dept Phone	Center
8/7/2020 2:00 PM	HNSTN 03 REPRO ANDROLOGY LAB	Reproductive Medicine Lab - Hanestown Court - Center for Fertility, Endocrine & Menopause	336-716-6476	WS 111 Hanes
8/21/2020 1:30 PM	Albert John Rhoton	Wake Forest Health Network Gastroenterology - Westchester	336-802-2105	WMP
9/17/2020 3:20 PM	Leslie McManus Cristiano	Asthma and Allergy Associates - Premier	336-768-0914	Premier

This note will not be displayed on myWakeHealth.

Electronically signed by: Lauren Elizabeth O'Connor, PA-C 8/3/2020 9:06 AM

Electronically signed by: Lauren Elizabeth O'Connor, PA-C
08/03/20 1003

Instructions

 Return if symptoms worsen or fail to improve.

After Visit Summary (Automatic SnapShot taken 8/3/2020)

Follow-up and Dispositions

- Return if symptoms worsen or fail to improve.

Follow-up and Disposition History

Media

Electronic signature on 8/3/2020 8:49 AM - 2 of 3 e-signatures recorded

Orders Placed

Herpes Simplex Virus 1 and 2 IgG, Type-Specific Abs w/Rfx (SENDOUT) (Resulted 8/3/2020, Abnormal)
GC/Chlamydia Amp (Resulted 8/3/2020)
Hepatitis C Antibody (Resulted 8/3/2020)
HIV Antigen Antibody Combo (Resulted 8/3/2020)
RPR (Syphilis Serology) (Resulted 8/3/2020)

Other Orders Performed

Testosterone (Resulted 8/3/2020, Abnormal)
CBC (Resulted 8/3/2020)

PSA,Diagnostic Assay (Resulted 8/3/2020)

Medication Changes

As of 8/3/2020 9:06 AM

None

Visit Diagnoses

ED (erectile dysfunction) of organic origin N52.9

Rectal bleeding K62.5

Exposure to blood or body fluid Z77.21

Screening for HIV (human immunodeficiency virus) Z11.4

Routine screening for STI (sexually transmitted infection) Z11.3

Family history of prostate cancer in father Z80.42

Patient

Jason Bernard
Washington
45 year old male
2/10/1975

Recent Visits with You
More...

3206
BUCKINGHAM CT
JAMESTOWN NC
27282-9024
336-430-9473 (M)
Comm Pref:

Travel Screening

No screening recorded since 08/05/20 1124

Travel History

Travel since 07/06/20

No documented travel since 07/06/20

Tobacco History

Smoking Status: Never Smoker
Smokeless Tobacco Status: Never Used

Medical History

None

Surgical History

Date Unknown: Shoulder surgery (Right)

Family History

Father (Deceased): Hypertension

Mother

Neg Hx: Cancer, Diabetes, Heart disease, Kidney disease

Socioeconomic History

Flowsheet Report

** Patient has no data for this report **

Allergies

No Known Allergies

Problem List

Cardiovascular and Mediastinum

Benign essential hypertension

Musculoskeletal and Integument

Disorder of bursae and tendons in shoulder region

Genitourinary

ED (erectile dysfunction) of organic origin

Other

Family history of prostate cancer in father

Hyperlipidemia

Other chest pain

Medications

clomiPHENE (CLOMID) 50 mg tablet
flunisolide (NASALIDE) 25 mcg (0.025 %) Spry

fluticasone propionate (FLONASE) 50 mcg/actuation nasal spray (Expired)

levocetirizine (XYZAL) 5 MG tablet (Expired)

montelukast (SINGULAIR) 10 mg tablet

tadalafil (CIALIS) 5 MG tablet

UNABLE TO FIND

Immunizations/Injections


influenza (Historical) 11/1/2018


Reminders and Results

None


Health Maintenance

08/01/2020 INFLUENZA VACCINE


Marital Status Separated Not Legal
Preferred Language English
Ethnicity Not Hispanic or Latino
Race Black or African American


Specialty Comments Show All Report
 No comments regarding your specialty


Family Comments
 None


Care Team and Communications

PCPs	Type
Lauren Elizabeth O'Connor, PA-C	General

No other patient care team members


Recipients of Past 3 Communications

Initial consult - 6/16/2020

Hannah Grace Clarke, PA-C	6/16/2020	In Basket
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Initial consult - 6/6/2019


Lauren Elizabeth O'Connor, PA-C	6/6/2019	In Basket
Donna Jean Drosinis, PA-C	6/6/2019	In Basket


Preferred Pharmacies

WALGREENS DRUG STORE 336-297-4788
 #15440 - JAMESTOWN, NC - (Phone)
 5005 MACKAY RD AT SWC OF HIGH POINT RD & MACKAY RD 336-297-4429 (Fax)

Future Appointments				
Date	Time	Visit Type	Department	Provider
8/07/20	2:00 PM	LAB	HNSTN 03 REPRODUCTIVE ENDOCRINE ANDROLOGY LAB	HNSTN 03 REPRO ANDROLOGY LAB
8/21/20	1:30 PM	CONSULT	WD181 01 GASTROENTEROLOGY	RHOTON, ALBERT JOHN
9/17/20	3:20 PM	INTERNAL CONSULT VISIT	WF451 04 ASTHMA & ALLERGY	CRISTIANO, LESLIE MCMANUS


Since Last Wake Forest Health Network Internal Medicine - Jamestown Visit (1d Ago)

Aug 05  Telephone with Internal Med - Hennington, K Results

